

Men's Pac-10 Outdoor Results (1979-)

Year	Champion	Pts.	UW Place	UW Pts.
2008	Oregon	144.5	9	63
2007	Oregon	114	6	89
2006	USC	140	4	99
2005	Oregon	152	5	75.5
2004	UCLA	143	8	45
2003	USC	139	9	37
2002	Stanford	151	8	49
2001	Stanford	142	8	42
2000	USC	154	4t	83
1999	USC	164	9	52
1998	UCLA	135.5	6	93
1997	USC	145	3	96
1996	UCLA	151	3	97.5
1995	UCLA	163.5	8	54
1994	UCLA	135	9	30
1993	UCLA	170	7	60
1992	UCLA	123	6	54.5
1991	Washington St.	135.7	6	70
1990	Oregon	141	6	70
1989	UCLA	153	6	55
1988	UCLA	147	9	42
1987	UCLA	176	6	45
1986	Oregon	134	9	29
1985	Washington St.	149.5	8	43
1984	Washington St.	157.3	7	43
1983	Washington St.	132	8	37
1982	UCLA	146	9	27
1981	Arizona	133	8	28
1980	UCLA	163	10	20
1979	Oregon	145	6	43

Men's Pac-8 Outdoor Results (1960-78)

Year	Champion	Pts.	UW Place	UW Pts.
1978	USC	126	5	60
1977	USC	146	5	69
1976	USC	180	2	99
1975	USC	152	6	67
1974	USC	134.5	7	50.5
1973	UCLA	156	6	34
1972	USC	140	4	64
1971	UCLA	126	8	26
1970	UCLA	111	7	33
1969	UCLA	98	8	24
1968	USC	128	7	31
1967	Oregon	129	6	43
1966	UCLA	80	8	20
1965	Oregon	52	8	16
1964	USC	73	5	33
1963	USC	74	6	24
1962	USC	78.5	5	17
1961	USC	101	5	21
1960	USC	83.5	4	32.5



The Fab Four (l-r): Scott Neilson, Borys Chambul, Rod Ewaliko and Russ Vincent combined to sweep the throws at the 1976 Pac-10 Championships, four of 73 Pac-10 titles earned by UW athletes all-time.

Men's Pac-10 Champions (Pac-8 before 1979)

Year	Champion	Event	Mark	Year	Champion	Event	Mark
2008	Boase/Fredrickson/ Turner/Hamilton	4x100m Relay	39.52	1978	Scott Neilson	Hammer	232-4
2007	Ryan Brown	800m Run	1:47.51		Duncan Atwood	Javelin	261-8
2006	Shane Charles	400m Hurdles	49.51	1977	Scott Neilson	Hammer	213-11
	Norris Frederick	Long Jump	25-10w		Duncan Atwood	Javelin	265-9
	Juan Romero	Javelin	233-10	1976	Brian Mondschein	Decathlon	7,066 pts.
2005	Ryan Brown	800m Run	1:47.31		Graham Barr	Steeplechase	8:56.0
2003	Brad Walker	Pole Vault	18-2 1/2		Spider Gaines	110m Hurdles	13.9
2002	Mike Hill	Steeplechase	8:54.19		Russ Vincent	Shot Put	63-9 3/4
	Brad Walker	Pole Vault	18-0 1/2		Borys Chambul	Discus	196-4
2001	David Bazzi	10,000m Run	29:27.31		Scott Neilson	Hammer	209-6
2000	Ja'Warren Hooker	100m Dash	10.19		Rod Ewaliko	Javelin	265-3
	Ja'Warren Hooker	200m Dash	20.39	1975	Rod Ewaliko	Javelin	260-9
	Ben Lindsey	Shot Put	63-11 3/4	1974	Al Davis	100y Dash	9.7
1998	Ja'Warren Hooker	100m Dash	10.24	1972	Bill Koss	Steeplechase	8:42.0
	Ja'Warren Hooker	200m Dash	20.70		Kirk Bryde	Pole Vault	16-9 1/2
	Hooker/Prior/ Anabel/Dawson	4x400m Relay	3:06.49	1971	Jim Seymour	440y Hurdles	50.9
1996	Troy Burkholder	Javelin	229-5		Kirk Bryde	Pole Vault	17-4
1992	Mitch Leffler	800m Run	1:49.05		Cary Feldman	Javelin	258-4
1990	Rick Noji	High Jump	7-2 1/2	1970	Jim Johnson	Steeplechase	8:47.6
1989	Darryl Roberson	Javelin	238-4		Cary Feldman	Javelin	236-6
1988	Darryl Roberson	Javelin	236-2	1969	John Hubbell	Shot Put	62-11 1/4
1987	Bruce Stirling	1500m Run	3:44.29	1967	Washington	Mile Relay	3:11.6
	Dan Bell	Steeplechase	8:36.68	1964	Jerry Plowman	220y Dash	21.4
	Mike Ramos	Decathlon	8,322 pts.		Wariboko West	Long Jump	24-11 1/4
1985	Steve Erickson	Decathlon	8,067 pts.		Al Pemberton	Discus	175-6
	Tony Zackery	Long Jump	25-11 1/4w	1963	Brian Sternberg	Pole Vault	15-0
1984	Mike Ramos	Decathlon	7,824 pts.	1962	John Cramer	Pole Vault	15-0 1/2
1983	Mike Ramos	Decathlon	7,824 pts.	1961	John Cramer	Pole Vault	15-0
1980	Gary Gefre	Decathlon	7,758 pts.	1960	Don Failla	Pole Vault	14-0
1979	Scott Neilson	Hammer	235-0		Bill Coats	Pole Vault	14-0
	Tom Sinclair	Javelin	259-11		John Douglas	Javelin	237-0



Ja'Warren Hooker was the Pac-10 Track Athlete of the Year in 1998 and 2000.



2006 javelin champion Juan Romero, one of eight Pac-10 javelin champions in UW history.



Two-time Pac-10 10,000-meter champ Anna Aoki.



Katie Follett broke through last season with UW's first title in a running event in seven years, winning the 1,500m.

Women's Pac-10 Champions (1987-)

Year	Champion	Event	Mark
2008	Katie Follett	1,500m	4:22.41
2004	Kate Soma	Pole Vault	14-2
2001	Anna Aoki	10,000m	34:19.63
2000	Kate Bradshaw	10,000m	34:41.03
1998	Anna Aoki	10,000m	35:04.99
	Aretha Hill	Discus	208-11
1996	Aretha Hill	Discus	195-9
	Soozie Shanley	Hammer	157-10
1995	Tara Davis	Long Jump	20-2 1/4
1992	Sonja Forster	Heptathlon	5,266 pts.
1991	Mari Bjone	400m Hurdles	58.21
1988	Jennifer Ponath	Shot Put	55-5 3/4
1987	Vicki Borsheim	High Jump	6-0 3/4
	Helena Uusitalo	Javelin	180-7



Aretha Hill was a two-time Pac-10 Champion before winning U.S. discus titles in 2003, 2004, 2006, and 2008.



Sonja Forster captured the Pac-10 heptathlon title with a school record 5,266 points in 1992.

Women's Pac-10 Outdoor Results (1987-)

Year	Champion	Pts.	UW Place	UW Pts.
2008	Arizona State	186.5	9	32.5
2007	Arizona State	158	9	49
2006	Arizona State	154	7	41
2005	Stanford	173	8	42.5
2004	UCLA	174.5	6	67
2003	UCLA	155	6	64
2002	UCLA	160	9	36
2001	UCLA	155	9	33
2000	UCLA	167.5	7	58
1999	UCLA	160.5	7	56
1998	UCLA	174	4	94
1997	UCLA	189.5	8	59
1996	USC	151	4	77
1995	UCLA	149	4	79
1994	UCLA	127	6	49
1993	UCLA	146	7	24
1992	Oregon	122	8	33
1991	Oregon	130.5	6	52
1990	UCLA	116	5	66
1989	UCLA	153	6	55
1988	UCLA	143	5	27
1987	UCLA	121	6	49

Women's NorPac Outdoor Results (1983-86)

Year	Champion	Pts.	UW Place	UW Pts.
1986	Oregon	156	4	96
1985	Oregon	156	3	127
1984	Oregon	148	2	114
1983	Oregon	215	2	105

Women's NCWSA Outdoor Results (1976-82)

Year	Champion	Pts.	UW Place	UW Pts.
1982	Oregon	194	5	62
1981	Oregon	257	3	107
1980	Oregon	244	3	102
1979	Oregon	172	2	95
1978	Oregon	142	3	74
1977	Seattle Pacific	159	3	63
1976	Seattle Pacific	149	5t	33



Men's Team Results

Year	Champion	Pts.	UW Place	UW Pts.	Site
2008	Oregon	90	5	66.5	Seattle
2007	Washington	109	1	109	Seattle
2006	Washington	107	1	107	Seattle
2005	UCLA	117.5	6	62	Seattle
2004	UCLA	127	8	47.5	Seattle
2003*	UCLA	127.5	—	—	Boise, ID
2002*	UCLA	132	—	—	Flagstaff, AZ
2001	Washington St.	108.5	3	104	Flagstaff, AZ
2000	Stanford	142	6	65	Reno, NV
1999	Stanford	128	5	61	Reno, NV
1998	Washington St.	116.5	3	83	Reno, NV
1997	Idaho	106.5	4	74	Reno, NV
1996	Arizona	104	3	72	Reno, NV
1995	Arizona	101	4	69.5	Reno, NV
1994	Arizona	99.5	5	69	Reno, NV
1993	Utah St.	98	7	36	Reno, NV

Women's Team Results

Year	Champion	Pts.	UW Place	UW Pts.	Site
2008	Arizona State	154.5	5	61.5	Seattle
2007	Arizona State	135	4t	73.5	Seattle
2006	Stanford	161	5	60.5	Seattle
2005	Stanford	180.5	3	69	Seattle
2004	Stanford	148	3	83	Seattle
2003*	Stanford	171	—	—	Boise, ID
2002*	Arizona	137	—	—	Flagstaff, AZ
2001	Arizona	142	6	46	Flagstaff, AZ
2000	Washington St.	136.5	4	66	Reno, NV
1999	Washington St.	117	5	59	Reno, NV
1998	Stanford	113	3	75	Reno, NV
1997	Stanford	103	4	56.5	Reno, NV
1996	Washington	95	1	95	Reno, NV
1995	Arizona	107	3	70	Reno, NV
1994	Utah St.	87	3	83	Reno, NV
1993	UNLV	91	4	55	Reno, NV

MOUNTAIN PACIFIC SPORTS FEDERATION
INDOOR CONFERENCE CHAMPIONSHIPS

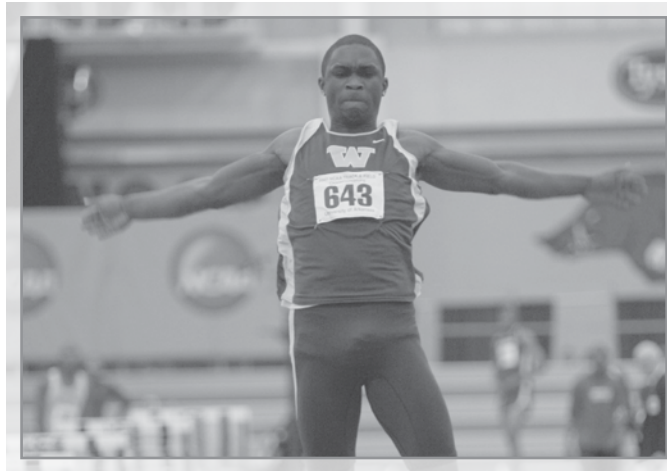
What is the MPSF?: Established in 1992 to serve the competitive needs of member institutions from the Big West, Pacific-10, Mountain West, Western Athletic and West Coast Conferences and other selected universities in the western United States, the Mountain Pacific Sports Federation provides Division-I competition to schools whose primary conferences do not sponsor championships in selected sports. In 2008-2009, the MPSF will again provide competition in nine Olympic intercollegiate sports while serving over 1,500 student-athletes and approximately 75 head coaches from 32 universities in 12 western states. All MPSF teams compete at the NCAA Division I level in men's soccer, men's and women's water polo, men's and women's indoor track and field, men's and women's gymnastics, women's lacrosse and men's volleyball. In 2007-2008, five MPSF teams won NCAA championships to total 53 NCAA team titles since the Federation's first season of competition in 1992-93. Almost a score of Federation teams and hundreds of student-athletes competed in NCAA post-season competition. The MPSF Track and Field Championships are the indoor equivalent of the Pac-10 Championships, as the Pac-10 does not sponsor indoor track and field. Nearly all Pac-10 teams compete in the MPSF Championships.

Men's MPSF Indoor Conference Champions

Year	Champion	Event	Mark
2008	Jordan Boase	400m Dash	46.37
	Norris Frederick	Long Jump	26-7 3/4
2007	Ryan Brown	800m Run	1:48.59
	Austin Abbott	Mile Run	4:02.82
	Gudaitis/Still/ Brown/Fredrickson	4x400m Relay	3:09.28
	Norris Frederick	Long Jump	25-2 1/2
2006	Martin Bingisser	Weight Throw	64-8 3/4
	Ryan Brown	800m Run	1:50.35
2004	Norris Frederick	Long Jump	25-2 1/2
	Eric Garner	Mile Run	4:00.53
2001	David Bazzi	Mile Run	4:19.09
	Jason Fayant	5,000m Run	15:25.59
2000	Ja'Warren Hooker	60m Dash	6.51
	Ja'Warren Hooker	200m Dash	20.75
	Brad Walker	Pole Vault	17-9
	Ja'Warren Hooker	55m Dash	6.19
	Ja'Warren Hooker	200m Dash	21.34
	Ja'Warren Hooker	55m Dash	6.13
1998	Hooker/Dawson/ Anabel/Prior	4x400m Relay	3:12.05
	Washington	4x400m Relay	3:14.81
1996	Ed Turner	200m Dash	21.41
1994	Tim Martin	55m Dash	6.33
1993	Mitch Leffler	800m Run	1:50.65



Austin Abbott won the 2007 MPSF mile run, helping the Huskies to the team title.



Norris Frederick pulled off a three-peat in the MPSF long jump from 2006-08.

MPSF

Mountain Pacific Sports Federation

Track & Field

UW History in the MPSF: Since 1993, the University of Washington has been a member of the Mountain Pacific Sports Federation for indoor track and field every year with the exception of 2002 and 2003. Starting in 2004, the MPSF meet moved into UW's own Dempsey Indoor facility, where it will be held again in 2009. Washington has claimed three conference titles, with the women winning in 1996 and the men taking back-to-back titles in the Dempsey in 2006 and 2007. Over the past three years, the Husky men have captured nine individual titles, while the women have won four. Husky legend Ja'Warren Hooker won five individual MPSF titles from 1998-2001 plus one relay win, and he holds the MPSF meet records in the 60m and 200m dashes. Norris Frederick won each of the past three MPSF long jump titles and holds the meet record, while Ashley Lodree was a three-time winner from 2006-07. UW athletes that won MPSF titles then went on to win NCAA titles include Hooker, pole vaulters Kate Soma and Brad Walker, and 800-meter runner Ryan Brown.

Women's MPSF Indoor Conference Champions

Year	Champion	Event	Mark
2007	Ashley Lodree	60m Dash	7.34
	Ashley Lodree	60m Hurdles	8.17
	Amanda Miller	Mile Run	4:48.98
2006	Ashley Lodree	60m Hurdles	8.17
2005	Kate Soma	Pole Vault	13-8 1/4
2004	Ingvill Makestad	Mile Run	4:42.17
2000	Seselia Thomas	Shot Put	48-6
1996	Aretha Hill	Shot Put	47-11 1/4
1995	Tara Davis	Long Jump	19-9 3/4
1994	Claudine Robinson	55m Hurdles	7.68
1993	Claudine Robinson	55m Hurdles	7.86



Claudine Robinson was UW's first female MPSF champ, winning the 55m hurdles in 1993 and 1994.

MPSF Meet Records

MEN

55m.....	6.06, Marcus Brunson, Arizona State, 1999
55m Hurdles.....	7.25, Arend Watkins, Washington State, 2000
60m	6.51, Ja'Warren Hooker, Washington, 2001
60m Hurdles.....	7.70, Arend Watkins, Washington State, 2001
200m	20.75, Ja'Warren Hooker, Washington, 2001
400m.....	46.04, Mike Kenyon, Arizona, 2002
800m.....	1:47.07, Bernard Lagat, Washington State, 1999
Mile.....	3:59.08, Jonah Maiyo, Arizona, 2005*
3000m.....	7:51.66, Robert Cheseret, Arizona, 2005*
5000m.....	13:45.54, Ian Dobson, Stanford, 2005*
4x400m Relay.....	3:06.98, Oregon, 2005*
DMR.....	9:31.52, Stanford, 2008*
High Jump.....	7-4 1/2, Chris Nelson, Oregon, 1996
Pole Vault.....	18-8 3/4, Tommy Skipper, Oregon, 2006*
Long Jump.....	26-7 3/4, Norris Frederick, Washington, 2008*
Triple Jump.....	53-3 1/4, Len Ozolins, California, 1995
Shot Put.....	70-5 1/4, Ryan Whiting, Arizona State, 2008*
Weight Throw	71-7 1/4, Adam Connolly, Stanford, 1999
Heptathlon.....	5,784, Josh Hustedt, Stanford, 2008*

WOMEN

55m.....	6.73, Shekedia Jones, UCLA, 1998
55m Hurdles.....	7.68, Claudine Robinson, Washington, 1994
60m.....	7.29, Brianna Glenn, Arizona, 2002
60m Hurdles.....	8.06, Sheena Johnson, UCLA, 2004*
200m.....	23.40, Brianna Glenn, Arizona, 2002
400m.....	53.28, Crystal Irving, UNLV, 1993
800m.....	2:03.39, Alysia Johnson, California, 2008*
Mile.....	4:39.01, Arianna Lambie, Stanford, 2005*
3000m.....	9:09.58, Arianna Lambie, Stanford, 2006*
5000m.....	15:50.65, Arianna Lambie, Stanford, 2007*
4x400m Relay.....	3:35.82, UCLA, 2001
DMR.....	11:08.56, Stanford, 2008*
High Jump.....	6-0 3/4, Ebba Jungmark, Washington State, 2008*
Pole Vault.....	14-5 1/4, Chelsea Johnson, UCLA, 2006*
Long Jump.....	21-4, Jacquelyn Johnson, Arizona State, 2008*
Triple Jump.....	45-7 1/4, Erica McLain, Stanford, 2005*
Shot Put.....	58-1 3/4, Sarah Stevens, Arizona State, 2007*
Weight Throw	69-5 1/4, Sarah Stevens, Arizona State, 2007*
Pentathlon.....	4,207, Jacquelyn Johnson, Arizona State, 2006*

* Record set in Seattle at the Dempsey

HISTORY • Men's NCAA Results

NCAA Outdoor Results (1921-)

Year	Champion	Pts.	UW Place	UW Pts.
2008	Florida State	52	16	19.33
2007	Florida State	54	15t	16
2006	Florida State	67	22t	11
2005	Arkansas	60	—	—
2004	Arkansas	65.5	—	—
2003	Arkansas	59	—	—
2002	Louisiana State	64	30t	8
2001	Tennessee	50	33t	6
2000	Stanford	72	28t	8.5
1999	Arkansas	59	—	—
1998	Arkansas	58.5	23t	10
1997	Arkansas	55	—	—
1996	Arkansas	55	26t	12
1995	Arkansas	61.5	54t	4
1994	Arkansas	83	65t	2
1993	Arkansas	69	36t	7
1992	Arkansas	60	—	—
1991	Tennessee	51	58t	4
1990	Louisiana State	44	28t	10
1989	Louisiana State	53	51t	4
1988	UCLA	82	55	4
1987	UCLA	81	26	11
1986	SMU	53	26t	11
1985	Arkansas	61	15	16
1984	Oregon	113	42t	10
1983	SMU	104	18t	28
1982	UTEP	105	22t	23
1981	UTEP	70	30t	6
1980	UTEP	69	29	7
1979	UTEP	64	5t	28
1978	UTEP/UCLA	50	12	21
1977	Arizona State	64	15	11
1976	USC	64	7	28
1975	UTEP	55	10	17
1974	Tennessee	60	9t	18
1973	UCLA	52	—	—
1972	UCLA	82	6t	18
1971	UCLA	52	12t	14
1970	Oregon/Kansas/BYU	35	22t	9
1969	San Jose State	48	38t	3
1968	USC	58	13	12
1967	USC	86	38t	4
1966	UCLA	81	32t	6
1965	USC/Oregon	32	46t	3
1964	Oregon	70	29t	8
1963	USC	61	10	17
1962	Oregon	85	—	—
1961	USC	65	49t	1.4
1960	Kansas	50	—	—
1959	Kansas	73	28t	6.1
1958	USC	48 6/7	—	—
1957	Villanova	47	—	—
1956	UCLA	57.7	—	—
1955	USC	42	—	—
1954	USC	66 17/20	—	—
1953	USC	80	27t	5
1952	USC	66 7/12	—	—
1951	USC	56	25t	5
1950	USC	49	—	—
1949	USC	55.4	—	—
1948	Minnesota	46	—	—
1947	Illinois	59 2/3	30	5
1946	Illinois	78	16t	8
1945	Navy	62	—	—
1944	Illinois	79	—	—
1943	USC	46	8	17
1942	USC	85.5	26t	4
1941	USC	81.5	34	1
1940	USC	47	32t	2
1939	USC	86	—	—
1938	USC	67.75	—	—
1937	USC	62	—	—
1936	USC	103 1/3	—	—
1935	USC	74.2	26t	4



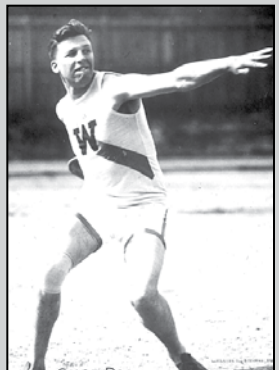
Ryan Brown pulls away from the competition with a finishing kick to win the 800 meters at the 2007 NCAA Indoor Championships, one of 28 NCAA titles all-time by UW athletes and the second for Brown.

Year	Champion	Pts.	UW Place	UW Pts.
1934	Stanford	63	—	—
1933	LSU	58	38t	1
1932	Indiana	56	—	—
1931	USC	77	20t	8
1930	USC	55	2	40
1929	Ohio State	50	2	42
1928	Stanford	72	4	26
1927	Illinois	35	3	29
1926	USC	27	—	7
1925	Stanford	31	—	13.5
1924	No Meet Held	—	—	—
1923	Michigan	29.5	15	5.5
1922	California	28.5	—	—
1921	Illinois	20.25	4	12.25

Year	Champion	Pts.	UW Place	UW Pts.
1995	Arkansas	59	—	—
1994	Arkansas	94	—	—
1993	Arkansas	66	—	—
1992	Arkansas	53	—	—
1991	Arkansas	34	41t	4
1990	Arkansas	44	45t	2
1989	Arkansas	34	—	—
1988	Arkansas	34	35t	4
1987	Arkansas	39	18t	8
1986	Arkansas	49	36t	3
1985	Arkansas	70	—	—
1984	Arkansas	38	—	—
1983	SMU	43	—	—
1982	UTEP	67	—	—
1981	UTEP	76	—	—
1980	UTEP	76	26	7.5
1979	Villanova	52	16	11.6
1978	UTEP	44	14t	14
1977	Wash. State	25.5	12t	7
1976	UTEP	23	—	—
1975	UTEP	36	—	—
1974	UTEP	19	39t	3
1973	Manhattan	18	26t	4
1972	USC	19	32t	3
1971	Villanova	22	22t	4
1970	Kansas	27.5	28t	3
1969	Kansas	41.5	—	—
1968	Villanova	35.5	—	—
1967	USC	26	39t	1
1966	Kansas	14	—	—
1965	Missouri	14	25t	3

NCAA Indoor Results (1965-)

Year	Champion	Pts.	UW Place	UW Pts.
2008	Arizona State	44	10t	17
2007	Wisconsin	40	7t	22
2006	Auburn	57	21t	12
2005	Arkansas	56	28t	7
2004	LSU	44.5	22t	11
2003	Arkansas	52	20t	10
2002	Tennessee	62.5	—	—
2001	LSU	34	11t	16
2000	Arkansas	41.5	22t	6
1999	Arkansas	65	—	—
1998	Arkansas	56	13	16
1997	Arkansas	59	43t	4
1996	George Mason	39	—	—



3-time AAU champ Gus Pope.

AAU/TAC National Champions

1984	Duncan Atwood, Javelin	1930	Herman Brix, Shot Put
1983	Rod Ewaliko, Javelin		Steve Anderson, 120y HH
1979	Duncan Atwood, Javelin		Ed Genung, 880y Run
1976	Fred Luke, Javelin		Paul Jessup, Discus
1974	Jim Johnson, Steeple	1929	Herman Brix, Shot Put
1973	Cary Feldman, Javelin		Steve Anderson, 120y HH
1972	Fred Luke, Javelin	1928	Herman Brix, Shot Put
1963	Brian Sternberg, Pole Vault		Steve Anderson, 120y HH
1932	Ed Genung, 880y Run	1922	Gus Pope, Discus
1931	Herman Brix, Shot Put	1921	Gus Pope, Discus
	Ed Genung, 880y Run	1920	Gus Pope, Discus
	Paul Jessup, Discus		

Men's NCAA Champions

Year	Champion	Event	Mark
2007	Ryan Brown	800-Meter Run (Indoor)	1:48.40
2006	Ryan Brown	800-Meter Run	1:46.29
2004	Brad Walker	Pole Vault (Indoor)	18-8 1/4
2003	Brad Walker	Pole Vault (Indoor)	19-0 1/4
1998	Ja'Warren Hooker	55-Meter Dash (Indoor)	6.13
1986	Mike Ramos	Decathlon	8,261 (meet record)
1979	Tom Sinclair	Javelin	261-3
	Scott Neilson	Hammer	237-3
	Scott Neilson	Weight Throw (Indoor)	71-5 1/2
1978	Scott Neilson	Hammer	237-5
	Scott Neilson	Weight Throw (Indoor)	68-7 3/4
1977	Scott Neilson	Hammer	228-4
	Scott Neilson	Weight Throw (Indoor)	68-10 1/2
1976	Scott Neilson	Hammer	216-8
	Borys Chambul	Discus	202-3
1975	Keith Tinner/Jerry Belur/ Pablo Franco/Billy Hicks	Mile Relay	3:05.10
1971	Cary Feldman	Javelin	259-0
1963	Brian Sternberg	Pole Vault	16-3 3/4
1930	Steve Anderson	120y High Hurdles	14.4
	Paul Jessup	Discus	160-9 3/8
1929	Steve Anderson	220y Low Hurdles	23.5
	Ed Genung	880y Run	1:55.0
1928	Rufus Kiser	Mile	4:17.6
1927	Herman Brix	Shot Put	46-7 3/8
1925	Jim Charteris	880y Run	1:55.4
1921	Gus Pope	Shot Put	45-4 1/2
	Gus Pope	Discus	142-2 1/4



Mike Ramos broke the NCAA meet record with 8,261 points in winning the 1986 decathlon championship.



Brad Walker set the Pac-10 pole vault record at the 2003 NCAA Indoor meet, his first of two national titles.

Career NCAA Outdoor Championships Individual Scoring (Since 1922)

All-Time NCAA Individual Scoring Top-10

Name (Years)	Points
1. Scott Neilson (1976-79)	40
Steve Anderson (1928-30)	40
3. Mike Ramos (1982-86)	30
4. Rufus Kiser (1928-30)	24
Bob Rockett (1983-84)	24
6. Paul Jessup (1928-30)	22
7. Jim Charteris (1925-27)	20
8. Herman Brix (1926-28)	18
Rod Ewaliko (1973-76)	18
10. Ryan Brown (2003-07)	16.25

History of NCAA Scoring

1985- : 10-8-6-5-4-3-2-1

1982-84: 15-12-10-9-8-7-6-5-4-3-2-1

1922-1981: 10-8-6-4-2-1

Name (Years)	Career NCAA Points Scored
Abbott, Austin (2008)	2
Anderson, Dean (1926-28)	8
Anderson, Steve (1928-30)	40
Angle, Jim (1935-37)	2
Atwood, Duncan (1974, '77-'78)	6
Ballwey, Casey (1974)	1
Bazzi, David (1997-2001)	2
Bell, Dan (1984-87)	6
Belur, Jerry (1972, '74-'75)	2.5
Bingisser, Martin (2007)	3
Boase, Jordan (2005-06, '08)	5.25
Bracken, Dan (1931-33)	1
Brix, Herman (1926-28)	18
Brown, Dennis (1981-83)	3
Brown, Ryan (2003-07)	16.25
Bryant, Beno (1990)	1
Bryde, Kirk (1971-72)	2
Burkholder, Troy (1996)	5
Callison, Cecil (1922-23)	1
Celms, John (1966-68)	2
Chambul, Borys (1972, '74-'76)	11
Charles, Shane (2005-06)	0.25
Charteris, Jim (1925-27)	20

Clark, Lyle (1942, '46-'47)	1	Noji, Rick (1986-90)	8.5
Clarke, George (1924-26)	3	O'Connor, Jared (2008)	6.33
Conwell, Ernie (1992-96)	8	Oravetz, Steve (1978-79)	1
Corvin, Curt (1984-86)	1	Palmason, Vic (1935-37)	2
Cramer, John (1961-63)	7.8	Peltret, Ed (1925-27)	1
Dodds, Gordon (1928-29)	2	Phillips, Matt (1999-2001)	0.5
DuPree, Dave (1966-68)	0.5	Predmore, Jake (1996-2001)	2
Egtvet, Percy (1923-25)	0.2	Quitslund, Gary (1972-73)	8
Ellison, Bernard (1990-91)	1	Qvale, Kjell (1940-41)	1
Erickson, Steve (1981-85)	9	Ramos, Mike (1982-86)	30
Ewaliko, Rod (1973-76)	18	Ramsey, Red (1925-26)	1
Feldman, Cary (1970-72)	16	Roberson, Darryl (1988-89)	8
Franco, Pablo (1974-75, '77)	2.5	Roberts, Dave (1965-67)	2
Frederick, Norris (2007-08)	11	Rockett, Bob (1983-84)	24
Gaines, Spider (1977-78)	1	Roth, Scott (2007)	1
Gefre, Gary (1978-80)	1	Roe, Bill (1965-67)	2
Genung, Ed (1929-32)	16	Setliff, Adam (1992-93)	4
Hartley, Talbot (1929-31)	4	Seymour, Jim (1970-71)	5
Hensey, John (1947-50)	2	Shinnick, Phil (1962-65)	7
Hicks, Billy (1974-75)	3.5	Sinclair, Tom (1978-79)	14
Hinds, Sterling (1982-84)	3	Skartvedt, Darold (1952-54)	4
Hooker, Ja'Warren (1998-2001)	13	Smart, Bill (1968-70)	3
Howell, Byron (1981-85)	6	Smith, Bob (1941-43)	6
Hubbell, John (1968-70)	8	St. Clair, Justin (1998-2001)	3
Humes, Tom (1927-29)	2	Steed, William (1946-49)	2
Jackson, Bruce (2004-06)	0.25	Sternberg, Brian (1963)	10
Jessup, Paul (1928-30)	22	Stirling, Bruce (1983)	1
Johnson, Jim (1970-72)	8	Summers, Steve (1978-79)	6
Kaligis, Pete (1992-94)	2	Swanzy, Gene (1941-43)	1
Kamm, Tom (1943, '47)	6	Tabish, Dan (1983-87)	2
Kiser, Rufus (1928-30)	24	Taylor, Jeff (1972-74)	8
Klein, Eric (1967-68)	4	Temple, Tom (1966-68)	0.5
Kydd, Bill (1943)	4	Tinner, Keith (1975-77)	2.5
LaBounty, Cliff (1957-59)	0.1	Tobacco, Terry (1957-59)	6
Lindsey, Ben (1997-2001)	4	Vincent, Russ (1974-77)	4
Luke, Fred (1966-68)	1	Walker, Brad (2000-03)	8
Madche, Brian (1994-96)	3	Walsh, Marty (1967-69)	0.5
Maginnis, William (1923-25)	1	Webster, Rob (1979-82)	4
Marshall, LaNorris (1981, '83)	9	West, Wariboko (1963-65)	2
Mason, Earl (1921-23)	1.3	Wilde, Drummond (1925-26)	1
McGoldrick, Jim (1937-40)	2	Williams, Dave (1965-67)	6.5
McKay, Orlando (1989-91)	1	Wilson, Todd (1991)	4
Merritt, Brent (1990-91)	1	Wold, Don (1946-48)	8
Metcalfe, Greg (1991-93)	3	Widenfelt, George (1951-53)	5
Meyer, Denny (1952-54)	1	Wollen, Doug (1979-83)	5
Moe, Carl (2008)	1	Yantis, Dick (1941-43)	4
Moulder, Robert (1980-81)	6		
Neilson, Scott (1976-79)	40		



Sprinter Bruce Jackson is one of just four Huskies ever to win three All-America honors in one season, and is the only Husky ever to lead five different UW relays to NCAA Championships appearances.

All-America Selection Procedure

From 1921-1986, All-America certificates were given to the top-six finishers in each event at the NCAA Championships. In 1987, an amendment was added that included one additional American for every foreign-born athlete in the top-six. In 1994, the number of All-Americans was expanded to include the top eight finishers, and one additional American for every foreign-born athlete in the top eight.

MEN'S ALL-AMERICANS

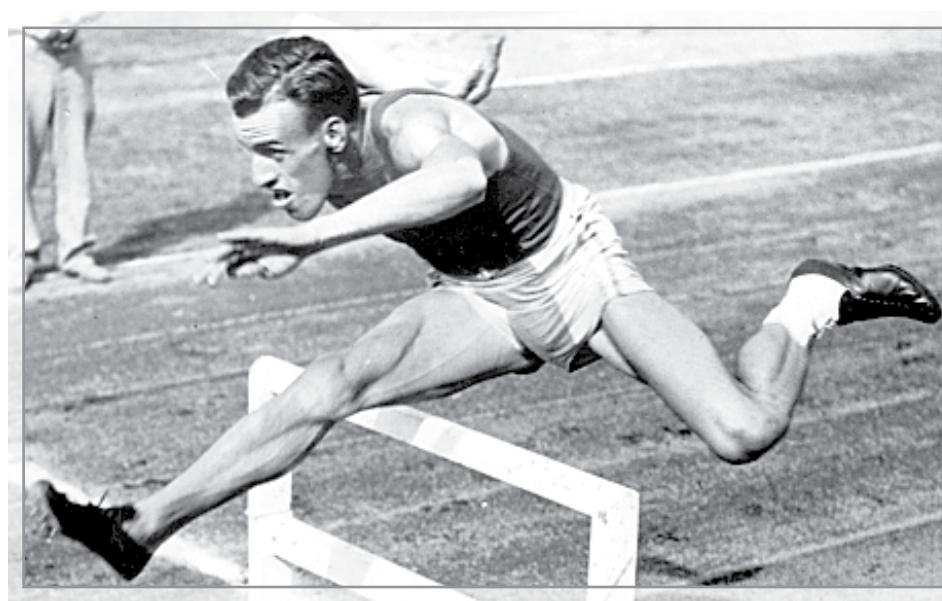
* - Freshman

(i) - Indoor

NCAA

Year	Name	Event	Place
2008	Austin Abbott	800 Meters	7th
	Jordan Boase	400 Meters	4th
	Jordan Boase	400 Meters (i)	3rd
	Norris Frederick	Long Jump	6th
	Norris Frederick	Long Jump (i)	2nd
	Norris Frederick	High Jump	7th
	Norris Frederick	High Jump (i)	6th
	Carl Moe	Steeplechase	8th
	Jared O'Connor	Pole Vault	2nd
	2007	Austin Abbott	800 Meters (i)
Austin Abbott		DMR (i)	5th
Martin Bingisser		Hammer	6th
Ryan Brown		800 Meters	3rd
Ryan Brown		800 Meters (i)	1st
Ryan Brown		DMR (i)	5th
Norris Frederick		Long Jump	3rd
Norris Frederick		Long Jump (i)	6th
Norris Frederick		High Jump (i)	10th
James Fredrickson		400m Hurdles	10th
James Fredrickson	DMR (i)	5th	
Carl Moe	DMR (i)	5th	
2006	Scott Roth*	Pole Vault	8th
	Scott Roth*	Pole Vault (i)	11th
	Austin Abbott	DMR (i)	5th
	Martin Bingisser	Hammer	12th
	Jordan Boase	4x400m Relay	8th
	Jordan Boase	4x400m Relay (i)	3rd
	Ryan Brown	4x400m Relay	8th
	Ryan Brown	800m Run	1st
	Ryan Brown	4x400m Relay (i)	3rd
	Ryan Brown	DMR (i)	5th
Shane Charles	4x400m Relay	8th	
Shane Charles	4x400m Relay (i)	3rd	
Norris Frederick	Long Jump (i)	12th	

Year	Name	Event	NCAA Place
	Billy Hicks	400m Dash	6th
	Billy Hicks	Mile Relay	1st
	Keith Tinner	Mile Relay	1st
1974	Casey Ballwey	Hammer Throw	6th
	Borys Chambul	Discus	6th
	Rod Ewaliko	Javelin	2nd
	Jeff Taylor	Pole Vault	2nd
1972	Kirk Bryde	Pole Vault	5th
	Gary Quitslund	Javelin	2nd
	Jim Johnson	Steeplechase	2nd
1971	Cary Feldman	Javelin	1st
	Jim Seymour	440y Hurdles	4th
1970	Cary Feldman	Javelin	3rd
	Jim Seymour	440y Hurdles	6th
	Bill Smart	Mile Run	5th
1969	John Hubbell	Shot Put	5th
	Bill Smart	Mile Run	6th
1968	John Celms	Steeplechase	5th
	Don Fate	Javelin	8th
	John Hubbell	Shot Put	3rd
	Eric Klein	Triple Jump	4th
1967	Dave DuPree	4x110y Relay	5th
	Marty Ludish	4x110y Relay	5th
	Fred Luke	Javelin	6th
	Dave Roberts	Mile Run	6th
	Tom Temple	4x110y Relay	5th
	Dave Williams	4x110y Relay	5th
1966	Dave Roberts	Mile Run	6th
	Dave Williams	440y Hurdles	4th
	Dave Williams	120y Hurdles	6th
1965	Bill Roe	120y Hurdles	5th
	Dave Williams	Broad Jump	6th
1964	Phil Shinnick	Broad Jump	3rd
	Wariboko West	Broad Jump	5th
1963	John Cramer	Pole Vault	6th
	Phil Shinnick	Broad Jump	6th
	Brian Sternberg	Pole Vault	1st
1962	John Cramer	Pole Vault	5th (tie)
1961	John Cramer	Pole Vault	4th (tie)
1959	Cliff LaBounty	Pole Vault	6th (tie)
	Jack Larson	Mile Run	7th
	Terry Tobacco	440m Dash	3rd
1953	Denny Meyer	Two-Mile Run	6th
	Darold Skartvedt	Broad Jump	4th
	George Widenfelt	High Jump	2nd (tie)



Steve Anderson won five All-America honors from 1928-30, and set a world record in the 120-yard hurdles.

Year	Name	Event	NCAA Place	Year	Name	Event	NCAA Place
1947	Lyle Clark	120y Hurdles	6th	1930	Steve Anderson	120y Hurdles	1st
	John Hensey	880y Run	5th		Steve Anderson	220y Hurdles	3rd
	William Steed	Two-Mile Run	5th		Talbot Hartley	440y Dash	5th
1946	Don Wold	Mile Run	2nd		Paul Jessup	Discus	1st
1943	Tom Kamm	Broad Jump	3rd		Paul Jessup	Shot Put	4th
	Bill Kydd	Javelin	4th		Rufus Kiser	Mile Run	2nd
	Bob Smith	220y Dash	5th	1929	Steve Anderson	220y Hurdles	1st
	Gene Swanzey	880y Run	6th		Steve Anderson	120y Hurdles	3rd
	Dick Yantis	Discus	4th		Gordon Dodds	880y Run	5th
1942	Bob Smith	220y Dash	5th		Ed Genung	880y Run	1st
	Bob Smith	440y Dash	5th		Paul Jessup	Shot Put	4th
1941	Kjell Qvale	220y Dash	6th		Paul Jessup	Discus	4th
1940	Jim McGoldrick	120y Hurdles	5th		Rufus Kiser	Mile Run	2nd
1935	Jim Angle	Mile Run	5th	1928	Steve Anderson	220y Hurdles	2nd
	Vic Palmason	880y Run	5th		Herman Brix	Shot Put	3rd
1933	Dan Bracken	120y Hurdles	6th		Tom Humes	Broad Jump	5th
1931	Ed Genung	880y Run	3rd		Rufus Kiser	Mile Run	1st
	Talbot Hartley	440y Dash	5th	1927	Dean Anderson	100y Dash	2nd
					Herman Brix	Shot Put	1st
					Jim Charteris	880y Run	2nd
					Ed Peltret	440y Dash	6th
				1926	Herman Brix	Shot Put	5th
					Jim Charteris	880y Run	5th
					George Clarke	100y Dash	5th
					Red Ramsay	Two-Mile Run	6th
				1925	Jim Charteris	880y Run	1st
					George Clarke	100y Dash	6th
					Percy Egtvet	High Jump	6th (tie)
					William Maginnis	Two-Mile Run	6th
					Drummond Wilde	Mile Run	6th
				1923	Cecil Callison	Broad Jump	6th
					Earl Mason	Pole Vault	4th (tie)
				1921	Chuck Frankland	High Jump	4th (tie)
					Vic Hurley	100y Dash	5th
					Gus Pope	Shot Put	1st
					Gus Pope	Discus	1st
					James Pratt	440y Dash	4th

ALL-AMERICA RECORDS

Most All-America Awards, Individual Career

1.	Ja'Warren Hooker, 1998-2001	10
2.	Norris Frederick, 2005-08	9
	Ryan Brown, 2003-07	9
4.	Scott Neilson, 1976-79	7
5.	Rick Noji, 1986-90	6
6.	Austin Abbott, 2005-08	5
	Steve Anderson, 1928-30	5
8.	Jordan Boase, 2005-06, '08	4
	Brad Walker, 2000-04	4
	Ben Lindsey, 1997-2000	4
	Bob Rockett, 1983-87	4
	Dave Williams, 1965-67	4
	Paul Jessup, 1928-30	4

Most All-America Awards, Individual Season (Indoor/Outdoor combined)

1.	Norris Frederick, 2008	4
	Ryan Brown, 2006	4
	Ja'Warren Hooker, 1998	4
4.	Ryan Brown, 2007	3
	Norris Frederick, 2007	3
	Bruce Jackson, 2006	3
	Ja'Warren Hooker, 2000	3
	Ja'Warren Hooker, 2001	3
9.	Jordan Boase, 2008	2
	Austin Abbott, 2007	2
	James Fredrickson, 2007	2
	Scott Roth, 2007	2
	Jordan Boase, 2006	2

Shane Charles, 2006	2
Ryan Brown, 2005	2
David Bazzi, 2001	2
Ben Lindsey, 1998	2
Rick Noji, 1990	2
Rick Noji, 1987	2
Neal Kneip, 1986	2
Steve Summers, 1979	2
Scott Neilson, 1979	2
Scott Neilson, 1978	2
Scott Neilson, 1977	2
Spider Gaines, 1977	2
Billy Hicks, 1975	2
Dave Williams, 1966	2
Bob Smith, 1942	2
Steve Anderson, 1930	2
Paul Jessup, 1930	2
Steve Anderson, 1929	2
Paul Jessup, 1929	2
Gus Pope, 1921	2

Most All-America Awards, Team

Season	Meet	
1. 2006	1. '07 Indoor	9
2. 2007	'06 Indoor	9
3. 1998	3. '06 Outdoor	7
4. 2008	'98 Indoor	7
5. 1990	'90 Outdoor	7
1979	'29 Outdoor	7

HISTORY • Women's NCAA Results

NCAA Outdoor Results (1982-)

Year	Champion	Pts.	UW Place	UW Pts.
2008	Louisiana State	67	—	—
2007	Arizona State	60	59t	3
2006	Auburn	57	21t	12
2005	Texas	55	15t	17
2004	UCLA	69	18t	13
2003	Louisiana State	64	29t	9
2002	South Carolina	82	—	—
2001	USC	64	—	—
2000	Louisiana State	58	66t	1
1999	Texas	62	—	—
1998	Texas	60	29t	8
1997	Louisiana State	63	—	—
1996	Louisiana State	81	30	7
1995	Louisiana State	69	47t	3
1994	Louisiana State	86	63t	1
1993	Louisiana State	93	49t	2
1992	Louisiana State	87	—	—
1991	Louisiana State	78	54t	2
1990	Louisiana State	53	—	—
1989	Louisiana State	86	—	—
1988	Louisiana State	61	10	26
1987	Louisiana State	62	28t	8
1986	Texas	65	22	11.5
1985	Oregon	52	—	—
1984	Florida State	145	34t	12
1983	UCLA	116.5	17t	24
1982	UCLA	153	28	11

AIAW Outdoor Results (1976-81)

Year	Champion	Pts.	UW Place	UW Pts.
1981	Tennessee	61	16	13
1980	CS Northridge	59	31	6
1979	CS Northridge	67	—	—
1978	CS Northridge	57	14t	10
1977	UCLA	86	12t	12
1976	Prairie View	60	30	4

NCAA Indoor Results (1983-)

Year	Champion	Pts.	UW Place	UW Pts.
2008	Arizona State	51	22t	9
2007	Arizona State	38	34t	6
2006	Texas	51	—	—
2005	Tennessee	46	16t	13
2004	Louisiana State	52	37	3.5
2003	Louisiana State	62	—	—
2002	Louisiana State	57	—	—
2001	UCLA	53.3	—	—
2000	UCLA	51	—	—
1999	Texas	61	—	—
1998	Texas	60	—	—
1997	Louisiana State	49	—	—
1996	Louisiana State	52	—	—
1995	Louisiana State	40	—	—
1994	Louisiana State	48	32t	5
1993	Louisiana State	49	—	—
1992	Florida	50	—	—
1991	Louisiana State	48	—	—
1990	Texas	50	—	—
1989	Louisiana State	61	—	—
1988	Texas	71	8t	16
1987	Louisiana State	49	—	—
1986	Texas	31	—	—
1985	Florida State	34	—	—
1984	Nebraska	59	29t	4
1983	Nebraska	47	—	—

Women's National Champions

Amy Lia, 1,500m, 2006

Sophomore Amy Lia pulled off perhaps the upset of the year at the 2006 NCAA Championships, winning the 1,500 meters in 4:14.63. Having placed last in the 1,500-meter final the year before, and seeded last among the 12 runners in the 2006 final, Lia was an afterthought to many when running in last place with 250 meters to go in the race. The Bothell, Wash., native, however, mounted a huge kick to catch the leaders with 100 meters to go, then took a quick look over her shoulder before sprinting to the finish. In addition to becoming the youngest Husky woman to win an NCAA title, Lia was also the first to win a track event at nationals since the NCAA added women's sports in 1982.



Kate Soma, Pole Vault, 2005

The most decorated female in UW track and field history saved her best for last, winning the 2005 NCAA pole vault title in her final meet. Having matched or improved her NCAA Championships finish in each of her seven-career NCAA appearances, Soma had only one place left to go after a second-straight runner-up finish at the 2005 NCAA meet indoors. The senior did just that at the outdoor championships in Sacramento, with first-attempt clearances at each of her first four heights, and a winning clearance of 14-1 1/4. The Portland, Ore., native finished her career with a UW-record five All-America honors, and a lifetime-best of 14-3 1/2 that is tied for seventh in NCAA history.



Jennifer Ponath, Shot Put, 1988

Jennifer Ponath fought through a case of strep throat to win a national title in 1988, heaving the shot put 54 feet, 4 1/2 inches at Hayward Field in Eugene, Ore. A graduate of Seattle's Shorewood High School, Ponath also placed seventh in the discus, guiding the UW women to a best-ever 10th-place team finish. She is one of just two Husky women to earn multiple All-America honors at one meet, and is the only UW woman to capture three such awards in one year.



Helena Uusitalo, Javelin, 1986

In her first year of U.S. competition, junior Helena Uusitalo in 1986 became the first UW woman ever to win an NCAA title. A native of Finland, Uusitalo launched the javelin 193 feet, 1 inch on her second toss, but sprained her ankle on her fourth attempt and fouled her final two. Uusitalo followed up her national title with a second-place finish in 1987, and set a school record of 197-4 which stands to this day.

Regina Joyce, 3,000m, 1981

In a collegiate-record time of 9:00.20, Regina Joyce earned the first national title of any kind for a UW women's track athlete at the 1981 AIAW National Championships. A dual citizen of Ireland and England, Joyce would go on to win national titles in both nations later that summer, and competed for Ireland in the marathon at the 1982 Olympics. Joyce set four school records during her two years at UW, three of which still stand.



Career Outdoor NCAA Championships Individual Scoring*

All-Time NCAA Individual Scoring Top-10	
Name (Years)	Points
1. Aretha Hill (1995-98)	22
2. Kate Soma (2002-05)	20
3. Helena Uusitalo (1986-87)	18
4. Jennifer Ponath (1984-88)	14
Deanna Carr (1981-83)	14
6. Regina Joyce (1981-83)	12
7. Amy Lia (2004-06)	10
Meledy Smith (1984-85)	10
9. Ashley Lodree (2004-07)	9
10. Shirley Ross (1987)	8
Donna Dennis (1983-86)	8

History of NCAA Scoring
1985- : 10-8-6-5-4-3-2-1
1982-84: 15-12-10-9-8-7-6-5-4-3-2-1

Name (Years)	Career NCAA Points Scored
Terra Barter (1994-95)	1
Mari Bjone (1991)	2
Vicki Borsheim (1985-87)	1.5

Tara Carlson (1993-96)	1
Carly Dockendorf (2003-05)	3
Deanna Carr (1981-83)	14
Donna Dennis (1983-86)	8
Aretha Hill (1995-98)	22
Courtney Inman (1999-2003)	5
Regina Joyce (1981-83)	12
Meg Jones (1985-87)	4
Laura Kruse (1994-95)	1
Amy Lia (2004-06)	10
Ashley Lodree (2004-07)	9
Monika Parker (1991-95)	2
Jennifer Ponath (1984-88)	14
Heather Reichmann (1999-2003)	2
Shirley Ross (1987)	8
Shelly Sanford (1987)	2
Meledy Smith (1984-85)	10
Kate Soma (2002-05)	20
Megan Spriestersbach (2000-04)	5
Seselia Thomas (1997-2000)	1
Helena Uusitalo (1986-87)	18

* Does not include AIAW Champ's



Ashley Lodree became UW's most decorated female athlete of all-time with two All-America honors in 2007.



Amanda Miller is the only Husky to earn All-America honors in three different events: 800m, 1,500m, Mile.



Ashley Wildhaber was one of three Husky pole vaulters to earn All-America honors in 2005.

All-America Selection Procedure

From 1921-1986, All-America certificates were given to the top-six finishers in each event at the NCAA Championships. In 1987, an amendment was added that included one additional American for every foreign-born athlete in the top-six. In 1994, the number of All-Americans was expanded to include the top eight finishers, and one additional American for every foreign-born athlete in the top eight.

Women's All-Americans

* - Freshman

(i) - Indoor

Year	Name	Event	NCAA Place	Year	Name	Event	NCAA Place
2008	Kelley DiVesta	Pole Vault (i)	7th	1993	Monika Parker	Javelin	7th
	Katie Follett	Mile Run (i)	6th		Claudine Robinson	55m Hurdles (i)	9th (tie)
	Amanda Miller	Mile Run (i)	5th		Tessie Schorr	Javelin	9th
	Amanda Miller	1,500m Run	11th	1991	Mari Bjone	400m Hurdles	7th
	Michelle Turner	Mile Run (i)	9th		Janicka Peterson	3,000m Run	10th
2007	Ashley Lodree	100m Hurdles	6th	1988	Vicki Borsheim	High Jump (i)	2nd
	Ashley Lodree	60m Hurdles (i)	3rd		Meg Jones	Discus	9th
	Amanda Miller	Mile Run (i)	9th		Meg Jones	Shot Put	5th
2006	Amy Lia	1,500m Run	1st		Jennifer Ponath	Discus	7th
	Ashley Lodree	100m Hurdles	7th		Jennifer Ponath	Shot Put	1st
	Ashley Lodree	60m Hurdles (i)	9th		Jennifer Ponath	Shot Put (i)	3rd
2005	Carly Dockendorf	Pole Vault	6th		Shirley Ross	Shot Put	2nd
	Lindsey Egerdahl	Mile Run (i)	8th		Shirley Ross	Shot Put (i)	7th
	Amy Lia	1,500m Run	12th		Shelly Sanford	Javelin	7th
	Ashley Lodree	100m Hurdles	5th	1987	Meg Jones	Shot Put	9th
	Ashley Lodree	60m Hurdles (i)	10th		Helena Uusitalo	Javelin	2nd
	Amanda Miller*	800m Run (i)	9th	1986	Vicki Borsheim	High Jump	7th
	Kate Soma	Pole Vault	1st		Helena Uusitalo	Javelin	1st
	Kate Soma	Pole Vault (i)	2nd	1985	Meg Jones	Shot Put (i)	8th
	Ashley Wildhaber	Pole Vault (i)	5th		Camille Rivard	800m Run (i)	2nd
2004	Kate Soma	Pole Vault	2nd	1984	Meledy Smith	Long Jump	3rd
	Kate Soma	Pole Vault (i)	5th (tie)		Meledy Smith	Long Jump (i)	4th
	Megan Priestersbach	Javelin	4th	1983	Deanna Carr	Javelin	5th
2003	Courtney Inman	1,500m Run	4th		Donna Dennis	100m Dash	8th
	Heather Reichmann	Javelin	7th		Regina Joyce	10,000m Run	5th
	Kate Soma	Pole Vault	7th	1982	Deanna Carr	Javelin	7th
2000	Seselia Thomas	Discus	8th		Regina Joyce	3,000m Run	9th
1999	Cecelia Barnes*	Discus	9th	1981	Maggie Garrison	High Jump	6th
1998	Keisha Griffis	400m Hurdles	9th		Sandra Gregg	1,500m Run	5th
	Aretha Hill	Discus	2nd		Regina Joyce	3,000m Run	1st
	Danelle Kabush	1,500m Run	9th		Caryl Van Pelt	Shot Put	9th
1997	Aretha Hill	Discus	4th	1980	Dana Arnim	4x800m Relay	3rd
1996	Tara Carlson	5,000m Run	8th		Deanna Carr	Javelin	7th
	Aretha Hill	Discus	3rd		Sandra Gregg	4x800m Relay	3rd
1995	Terra Barter	400m Hurdles	8th		Susan Gregg	4x800m Relay	3rd
	Tara Davis	Triple Jump	11th		Anne Phillips	4x800m Relay	3rd
	Aretha Hill*	Discus	7th	1977	Maggie Garrison	High Jump	3rd
1994	Laura Kruse*	Javelin	8th		Caryl Van Pelt	Shot Put	3rd
	Monika Parker	Javelin	10th				
	Claudine Robinson	55m Hurdles (i)	4th				

ALL-AMERICA RECORDS

Most All-America Awards, Individual Career

1. Ashley Lodree, 2004-07	6
2. Kate Soma, 2002-05	5
3. Amanda Miller, 2005-08	4
Aretha Hill, 1995-98	4
Meg Jones, 1985-88	4
6. Jennifer Ponath, 1984-88	3
Regina Joyce, 1981-83	3
Deanna Carr, 1981-83	3
8. Amy Lia, 2004-08	2
Monika Parker, 1991-95	2
Claudine Robinson, 1991-94	2
Shirley Ross, 1987-88	2
Vicki Borsheim, 1985-88	2
Helena Uusitalo, 1986-87	2
Meledy Smith, 1984-85	2
Sandra Gregg, 1980-83	2
Maggie Garrison, 1977-81	2
Caryl Van Pelt, 1977-81	2

Most All-America Awards, Individual Season (Indoor/Outdoor combined)

1. Jennifer Ponath, 1988	3
2. Amanda Miller, 2008	2
Ashley Lodree, 2007	2
Ashley Lodree, 2006	2
Ashley Lodree, 2005	2
Kate Soma, 2005	2
Kate Soma, 2004	2
Shirley Ross, 1988	2
Meg Jones, 1988	2
Meledy Smith, 1984	2

Most All-America Awards, Team

Season	Meet
1. 2005	9
1988	9
3. 2008	5
1980	5
4. 1981	4
1. 1988 Outdoor	6
2. 2005 Indoor	5
1980 Outdoor	5
4. 2008 Indoor	4
2005 Outdoor	4
1981 Outdoor	4

HUSKY OLYMPIANS



Washington was represented at the 2008 Beijing Summer Olympics by discus thrower Aretha Thurmond and pole vaulter Brad Walker. Thurmond made the finals, placing 10th overall while Walker unfortunately no heighted after passing the first four heights. (left photo: Stu Forster, Getty Images; right photo: Mark Dadswell, Getty Images)

2008 — Beijing, China

Aretha Thurmond (USA), Discus, 10th
Brad Walker (USA), Pole Vault, dnp

2004 — Athens, Greece

Aretha Thurmond (USA), Discus, 19th
Christian Belz (SUI), 5000m, 22nd
Orin Richburg (USA), Asst. Coach

2000 — Sydney, Australia

Adam Setliff (USA), Discus, 5th
Christian Belz (SUI), Steeple, 20th
Ja'Warren Hooker (USA), 4x400m, dnc

1996 — Atlanta, USA

Adam Setliff (USA), Discus, 12th
Aretha Thurmond (USA), Discus, 35th

1984 — Los Angeles, USA

Sterling Hinds (CAN), 4x400m, 3rd
Duncan Atwood (USA), Javelin
Regina Joyce (IRE), Marathon
Ken Shannon (USA), Asst. Coach

1980 — Moscow, Russia

Rod Ewaliko (USA), Javelin, dnc*
Duncan Atwood (USA), Javelin, dnc*
Scott Neilson (CAN), Hammer*

1976 — Montreal, Canada

Borys Chambul (CAN), Discus

1972 — Munich, West Germany

Kirk Bryde (CAN), Pole Vault
Jim Seymour (USA), 400m IH, 4th
Fred Luke (USA), Javelin, 8th

1964 — Tokyo, Japan

Phil Shinnick (USA), Long Jump, 22nd
Wariboko West (NIG), Long Jump, 4th

1960 — Rome, Italy

Terry Tobacco (CAN), 400m

1956 — Melbourne, Australia

Terry Tobacco (CAN), 400m, dnp
4x400 Relay (USA), 5th

1952 — Helsinki, Finland

George Widenfeldt (SWE), Decathlon, 4th
Bob Hutchinson (CAN), 100m, dnp; 200m, dnp
4x100m relay, dnp

1936 — Berlin, Germany

Bruce Humber (CAN), 100m, 200m; dnp
4x100 relay (USA), 4th

1932 — Los Angeles, USA

Ed Genung (USA), 800m, 4th
Paul Jessup (USA), Discus; dnp

1928 — Amsterdam, Netherlands

Steve Anderson (USA), 110m HH, 2nd
Herman Brix (USA), Shot Put, 2nd

1924 — Paris, France

Gus Pope (USA), Discus, 4th

1920 — Antwerp, Belgium

Gus Pope (USA), Discus, 3rd

1912 — Stockholm, Sweden

Ira Courtney (USA), 100m, 200m; dnp

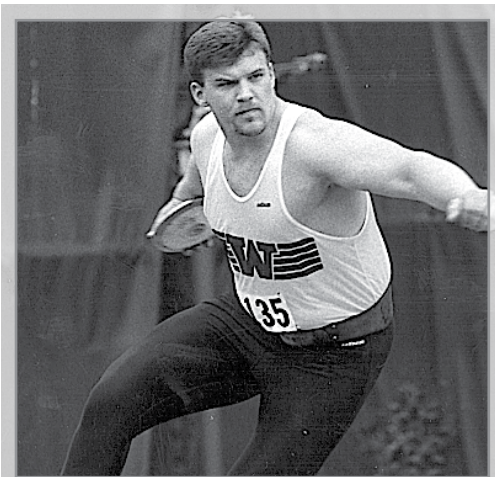
* - Did not compete due to boycott



Herman Brix, pictured here winning a silver medal in the shot put at the 1928 Olympic Games in Amsterdam.



Wariboko West was one of two Husky long jumpers in the 1964 Tokyo Games. West placed 4th for Nigeria.



Adam Setliff was fifth in the discus at NCAA's for UW in 1993, and then fifth for the U.S.A. at the 2000 Sydney Olympics.

WORLD CHAMPIONSHIPS

In addition to representing Washington at nearly every Summer Olympiad since 1912, Husky athletes have made a significant impact in Olympic off years at the IAAF World Championships. Held every two years, the IAAF World Championships regularly feature fields just as deep as the Olympics. Recently, former Husky grad and two-time NCAA Champion Brad Walker has dominated in the pole vault on the world stage, winning gold at the 2007 World Outdoor meet and at the 2006 World Indoors and winning silver at 2008 World Indoors. Following is a complete list of those Washington athletes and coaches who have participated in the IAAF World Outdoor Championships since its inception in 1983:

2007 — Osaka, Japan

Brad Walker (USA), Pole Vault, 1st, 19-2 3/4
Cecelia Barnes (USA), Discus, 26th, 173-11

2005 — Helsinki, Finland

Christian Belz (SUI), 10,000m, 14th, 27:53.16
Aretha (Hill) Thurmond (USA)*, Discus, 22nd, 154-8
Brad Walker (USA), Pole Vault, 2nd, 18-10 1/2
* Voted team captain

2003 — St. Denis, France

Christian Belz (SUI), 5,000m, 13th, 13:26.02
Aretha Hill (USA), Discus, 20th, 166-7 1/2

2001 — Edmonton, Alberta, Canada

Christian Belz (SUI), Steeple, 11th, 8:31.43
Orin Richburg (USA), Head Coach
Adam Setliff (USA), Discus, 5th, 218-4

1999 — Seville, Spain

Christian Belz (SUI), Steeple, 22nd, 8:29:19
Aretha Hill (USA), Discus, 23rd, 203-11

1997 — Athens, Greece

Orin Richburg (USA), Assistant Coach
Adam Setliff (USA), Discus, 7th, 208-2

1995 — Gothenburg, Sweden

Rick Noji (USA) High Jump, t27th, 7-2 1/2

1993 — Stuttgart, Germany

Rick Noji (USA) High Jump, t21st, 7-2 1/2

1991 — Tokyo, Japan

Rick Noji (USA) High Jump, 8th, 7-5 3/4

1987 — Rome, Italy

Duncan Atwood (USA) Javelin, 12th, 238-0

1983 — Helsinki, Finland

Rod Ewaliko (USA) Javelin, 11th, 255-1
Regina Joyce (IRE) Marathon, 7th 2:33:52



Brad Walker holds the American flag after capturing the gold at the 2007 World Championships in Osaka, Japan.



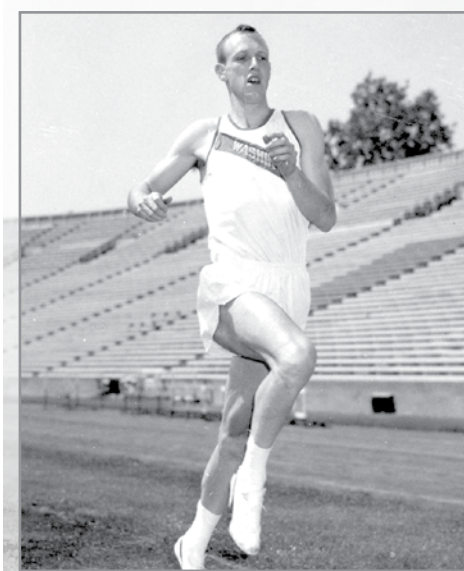
1998 grad Christian Belz was a four-time World Championships participant and two-time Olympian for Switzerland.

WORLD RECORDS

Not only have Washington athletes appeared frequently on the world stage, several have exceeded the limits of human performance to establish new world records. Steve Anderson became the first Husky to break a world mark, doing so with a 14.4-second performance in the 120-yard hurdles in 1928, while pole vaulter Brian Sternberg and long jumper Phil Shinnick bettered world records on the same day in 1963, at the Modesto Relays. Last year Brad Walker broke the eight-year-old American pole vault record, clearing 19-feet, 9 3/4-inches at the Prefontaine Classic.

Year	Name	Record	Mark
2008	Brad Walker	American Pole Vault	19-9 3/4
1963	Brian Sternberg	World Pole Vault	16-8
1963	Phil Shinnick	World Long Jump	27-4*
1932	Herman Brix	World Shot Put	52-8 1/2
1930	Paul Jessup	World Discus	169-8 7/8
1928	Herman Brix	World Shot Put	51-8
1928	Steve Anderson	World 120-yard Hurdles	14.4

* pending ratification



Olympian Phil Shinnick was one of two Huskies to set world records at the 1963 Modesto Relays, yet the lack of a wind reading left the mark unofficial.